

THE EIGHTEENTH ANNUAL HORNET RELAYS



2011 ENTRY PACKET

ONCE AGAIN, THIS YEAR'S MEET WILL BE
HELD AT ICAHN STADIUM AT RANDALL'S
ISLAND



MIDWOOD HIGH SCHOOL

Presents the

EIGHTEENTH ANNUAL HORNET RELAYS



February 1, 2011

Dear Coach:

You are cordially invited to the SEVENTEENTH ANNUAL HORNET RELAYS on Saturday, March 26, 2011. We are proud to announce that this year's meet will be held at **ICAHN STADIUM AT RANDALL'S ISLAND**. Last year's edition saw over 140 teams entered. Join some of the best Track and Field programs on the East Coast for a great day of competition!

If you have any questions, feel free to call Sean Rice at (718)467-7400 ext. 8309 during school hours, or evenings Walter Cohen (732)264-7597 or Sean Rice (917)363-6671. Entries may be faxed to Walter Cohen (732)264-1395 or Sean Rice (718)735-6253. Make sure you save your fax confirmation. **EMAIL us at MidwoodTrack@AOL.com, for additional questions.**

We look forward to seeing you on **March 26th**. **Our entry and past results can be found on our team website, located at Armorytrack@aol.com or PSAL.org under the Outdoor Schedule section.**

Sincerely,

Walter Cohen
Co-Meet Director

Sean Rice
Co-Meet Director



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Order Of Events

RUNNING EVENTS:

8:30AM Coaches Reception

9:00AM Varsity Girls 1500M Walk

9:15AM Varsity Girls Shuttle Hurdle Relay

Varsity Boys Shuttle Hurdle Relay

Varsity Girls 4x1600

Varsity Boys 4x1600

Varsity Girls 400M Intermediate Hurdles

Varsity Boys 400M Intermediate Hurdles

Frosh/Soph Girls 4x800

Frosh/Soph Boys 4x800

Varsity Girls 4x800

Varsity Boys 4x800

Varsity Girls 4x100

Varsity Boys 4x100

PETER AQUILONE MEMORIAL INVITATIONAL STEEPLECHASE (GIRLS THEN BOYS)

Frosh Girls SMR

Frosh Boys SMR

Soph Girls SMR

Soph Boys SMR

Varsity Girls SMR

Varsity Boys SMR

Varsity Girls 4x200

Varsity Boys 4x200

Varsity Girls DMR

Varsity Boys DMR

Frosh 4x400

Frosh 4x400

Soph Girls 4x400

Soph Boys 4x400

Varsity Girls 4x400

Varsity Boys 4x400

FIELD EVENTS:

9:00AM Varsity Shotput Relay (Girls AND Boys)

Javelin (Boys and Girls)

Varsity High Jump Relay (Boys followed by Girls)

Varsity Triple Jump Relay (Girls AND Boys)

Open Pole Vault Instructional Clinic (Boys followed by Girls)

1:00PM Varsity Long Jump Relay (Girls AND Boys)

Varsity Discus Relay (Girls followed by Boys)

Varsity Pole Vault Relay (Boys followed by Girls)

***Note: All Sprint Medley Relays will run 400-200-200-800**

All Distance Medley Relays will run 1200-400-800-1600

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ENTRY FORM

(Due Wednesday -March 16th)

BOYS TRACK EVENTS

___ Frosh 4x400
___ Soph 4x400
___ Frosh/Soph 4x800
___ Frosh SMR
___ Soph SMR
___ Varsity 4x100
___ Varsity 4x200
___ Varsity 4x400
___ Varsity 4x800
___ Varsity Boys 4X1600
___ Varsity SMR
___ Varsity DMR
___ Varsity Boys 400M IH
___ Varsity SHR

GIRLS TRACK EVENTS

___ Frosh 4x400
___ Soph 4x400
___ Frosh/Soph 4x800
___ Frosh SMR
___ Soph SMR
___ Varsity 4x100
___ Varsity 4x200
___ Varsity 4x400
___ Varsity 4x800
___ Varsity Girls 4X1600
___ Varsity SMR
___ Varsity DMR
___ Varsity Girls 400M IH
___ Varsity SHR
___ Varsity Girls 1500 Walk

BOYS FIELD EVENTS

___ Varsity Shotput Relay
___ Varsity High Jump Relay
___ Varsity Long Lump Relay
___ Varsity Triple Jump Relay
___ Pole Vault Relay
___ DISCUS RELAY
___ Javelin (Individual)

GIRLS FIELD EVENTS

___ Varsity Shotput Relay
___ Varsity High Jump Relay
___ Varsity Long Lump Relay
___ Varsity Triple Jump Relay
___ Pole Vault Relay
___ DISCUS RELAY
___ Javelin (Individual)

TOTAL # of Running Relays ___ x **\$18.50=** ___

TOTAL # of Field Relays ___ x **\$9.50 =** ___

TOTAL #of Individual Events ___ x **\$6.00 =** ___

TOTAL ENTRY FEE= ___ **(MINIMUM ENTRY=\$18.50)**

*****NOTE: This is an entry fee Not a competition fee.*****

****ENTRIES MUST BE RECEIVED BY Wednesday, MARCH 16th****

School _____

Coach _____

Address _____

Coach's Email _____

School Phone _____

Athletic Director's Signature _____

Home Phone _____

MAIL ENTRIES TO:(Make checks payable to Midwood HS)

Walter Cohen

93 Cresci Boulevard

Hazlet, New Jersey 07730